

FEBRUARY 2026 NEWSLETTER

WWW.FREECLINICOFPOWHATAN.ORG



**Free Clinic
OF POWHATAN**

Building a healthier community, one person at a time.



More Neighbors, More Care

Our 3rd exam room is fitted to start seeing patients in two weeks! This will significantly improve patient flow for our nurses and doctors as they maintain dignified care for our patients.

Did You See It?

Our expansion received news coverage from ABC 8 News - WRIC this past month discussing our desire to reach more in the community by adding Medicaid-insured patients.

Check out the link below to our Facebook and learn how nearly 5,000 Medicaid-insured neighbors will have access to care closer to home.





Legislative Front

We had a productive Legislative Day with our association, VAFCC (Virginia Association of Free and Charitable Clinics), on February 3, and worked to increase the state funding for clinics to strengthen the safety net capacity to the underserved.

We look forward to their vote soon! Thank you to everyone who sent letters or messages to their representatives in support of this effort.



VAFCC Legislative Day 2026

What Happens After the First Appointment

Compassionate health care doesn't end after one appointment. Take a behind-the-scenes look at how the Free Clinic of Powhatan supports patients through follow-up care, referrals, and ongoing support, because lasting health happens over time. Visit freeclinicofpowhatan.org/blog.



On the Blog

Thank You to Our Supporters!

We're so grateful for grant partnerships that support our efforts to build a healthier community, one person at a time. These organizations partnered with us this month to ensure our care reaches neighbors who need it most.

- Sentara Cares Foundation: \$15,000 • Wawa Foundation: \$1,000
 - American Heart Association - Full-Time Community Connector
- Richmond Road Runners - \$500 In Kind grant towards our 5K this fall



Coming Up

Next week, we celebrate **Dental Assistant Appreciation Week** and recognize Aja for the vital role she plays in our dental clinic. Her support helps keep visits running smoothly, improves efficiency, and ensures our patients receive high-quality, compassionate care.

March is National Nutrition Month! Thanks to our volunteer translators, our Registered Dietician Pam is reaching even more patients. At the Free Clinic of Powhatan, nutrition isn't a trend—it's a core part of the care we provide every day.

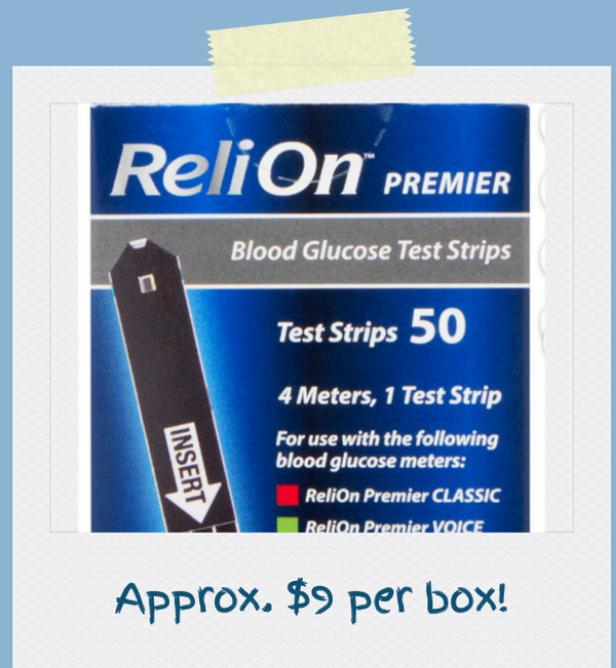


Aja is so welcoming and kind to each of our patients!

Help Our Patients

We're experiencing a shortage of *ReliOn Premier Blood Glucose Test Strips (50-count)*, a critical supply for our diabetic patients. If you're shopping at Walmart and see them on the shelf, please consider picking up a box or two and dropping them off at the clinic.

This simple purchase helps our patients safely monitor their blood sugar at home and prevent serious complications. Thank you for helping meet this urgent need in such a practical way!



2026 Spring Fling

Tickets are on sale now for the annual Spring Fling: freeclinicofpowhatan.org/events. Guests will enjoy dinner, drinks, entertainment, a silent and live auction with each ticket. We are thrilled to partner again with Habitat for Humanity – Powhatan for this impactful event.

LET HOPE BLOOM

2026 SPRING FLING